

CULTURE REFRAMED PARENTS PROGRAM

BUILDING RESILIENCE & RESISTANCE TO HYPERSEXUALIZED PORN CULTURE

We at Culture Reframed understand how daunting it can be to raise kids in a culture where they are bombarded with sexual images, including porn. That's why we have created our Parents Program, which provides a complete best-practice toolkit, which will give you the skills and knowledge you need to raise porn-resilient kids.



In this free Parents Program, you will learn:

- The harmful effects of hypersexualized media and hardcore porn.
- How to teach healthy sexuality and strengthen resilience to hypersexualized culture and porn.
- How the use of porn affects the brain and can lead to habituation and addiction.
- How to support and guide your kid every step of the way.

How will this help my parenting?

- **More confidence** - gain knowledge and skills through a step-by-step toolkit.
- **Age-relevant knowledge** - have curious and compassionate conversations with your child.
- **Grounded understanding** - gain skills to help your tween/teen build a grounded understanding of healthy sexuality.
- **Counteract disconnection** - learn how to counter the degrading images promoted by media and porn.
- **Set positive goals** - set goals for safe, respectful, and mutually satisfying relationships.

Don't wait to start these life-changing conversations!

Access our free Parents Program now.

Access this [free Parents Program](#) to gain the confidence to discuss these topics

with your family and in your community at parents.culturereframed.org